

Publication Rules of the RIIS Journal

The **Journal of Health Research & Innovation (RIIS)** is a scientific journal published in electronic format that aims to disseminate the scientific knowledge produced in the area of health sciences, education and research. All articles are required to have scientific depth, be original, respect ethical principles and demonstrate clear relevance for the scientific advancement of the problem under study.

The content of the articles is the sole responsibility of the authors, as well as respect for the ethical principles inherent to the investigation, in compliance with the journal's rules and guidelines.

The RIIS peer review process is double-blind, so the authorship of the article should not be identified in the body.

RIIS is published in continuous publication model.

It is suggested that support, financing or external collaborations be mentioned in the acknowledgment section.

ARTICLES

The publication of articles in RIIS can be in the form of an empirical research article, review article, theoretical/essay article. These must be submitted on the platform/page <https://www.riis.essnortecvp.pt>. Articles can be submitted in Portuguese or English. The title, abstract and keywords must be in Portuguese, English and Spanish. The text must be typed, Calibri font, size 11, space 1.5, in word format, justified, pages in A4 format, avoiding bold and underline, font variation, color backgrounds. The article must not exceed 15 pages including references, tables and figures. Tables and figures should only be included if absolutely necessary to understand the article. They must be identified throughout the text with the numbering in order of inclusion. Tables must have the number and title in the header. Figures must show their identification at the bottom. If they contain abbreviations, they must be presented in the footnotes.

Empirical research articles should contain the following sections: Title, Abstract, Keywords, Introduction, Background, Methodology, Results, Discussion, Conclusion, Conflict of Interest and References.

Review articles should contain the following sections: Title, Abstract, Keywords, Introduction, Methodological Review Procedures, Results, Discussion, Conclusion, Conflict of Interest and References.

Theoretical articles/essays should contain the following sections: Title, Abstract, Keywords, Introduction, Development / Dissertation, Conclusion, Conflict of Interest and References.

Title: maximum 12 words. Written in Portuguese, English and Spanish.

Abstract: maximum 200 words. It should include the division by the following sections: background, objectives, methodology, results and conclusion. Written in Portuguese, English and Spanish.

Keywords: maximum 4, written in Portuguese, English and Spanish. They must be transcribed according to the MeSH descriptors (available at: <http://meshb.nlm.nih.gov/search> and/or <https://decs.bvsalud.org/en/>).

Introduction: Statement of the problem, arguments of relevance according to the literature. Study objectives.

Background: Presentation of the state of the art regarding the subject under study. It is suggested to include works published in the last 5 years, indexed in the database.

Methodology: Type of study / Design / Sample / Participants / Population. Data collection instruments, procedures and ethical-legal considerations. Data analysis techniques used.

Results: Data presentation and analysis. Analysis rigor.

Discussion: Comparative analysis of the results with the existing knowledge about the theme and relevance of the new knowledge that emerge from the study.

Conclusion: Conclusions related to the research objectives / questions / hypotheses. The results must support or refute the theme studied and presented in the article. Study limitations. Implications for health sciences, education and research. Suggestions for future investigations.

Conflict of Interest: The existence or absence of conflicts of interest that may interfere with the impartiality of the article (personal, commercial, academic, political, or financial) must be mentioned.

Acknowledgments: (optional) All financial, technical or institutional support, which contributed to the development of the work, but which are not authoritative, must be highlighted.

References: According APA Standard 7th edition. Maximum 20 references (except review articles).

Notes: The following documents must be submitted:

- Title Page, signed by all authors;

- Full article;

- Opinions of the Ethics Committee (for research articles).